**Recent news and research**

**3.21 Health effects for younger smokers**

*Last updated April 2016*

**News reports:**


**Research:**


Del Bo C, Porrini M, Fracassetti D, Campolo J, Klimis-Zacas D, et al. A single serving of blueberry (V. corymbosum) modulates peripheral arterial dysfunction induced by acute cigarette smoking in...


3.21.1 Early signs of addiction


3.21.2 Respiratory infections and exacerbation of asthma


3.21.3 General health of young smokers


3.21.6 Early signs of cardiovascular disease


