

Tobacco in Australia

Facts & Issues

Relevant news and research

6.5 Mood effects

Last updated October 2020

Research:

Stanislawska Kubiak, M, Wojciak, RW, Trzeszczynska, N, Czajeczny, D, Samborski, W, & Mojs, E. (2019). Who is happier: smoker or non-smoker? Smoking in medical students from the perspective of positive psychology. *Eur Rev Med Pharmacol Sci*, 23(5), 2174-2181. Available from:

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<http://www.ncbi.nlm.nih.gov/pubmed/27649779>

Selya AS, Updegrove N, Rose JS, Dierker L, Tan X, et al. Nicotine-dependence-varying effects of smoking events on momentary mood changes among adolescents. *Addict Behav*, 2014; 41C:65-71. Available from:

<http://www.ncbi.nlm.nih.gov/pubmed/25306388>

Pang RD, Hom MS, Geary BA, Doran N, Spillane NS, et al. Relationships between trait urgency, smoking reinforcement expectancies, and nicotine dependence. *Journal of Addictive Diseases*, 2014; 33(2):83-93. Available from:

<http://www.ncbi.nlm.nih.gov/pubmed/24784229>

Eory A, Rozsa S, Gonda X, Dome P, Torzsa P, et al. The association of affective temperaments with smoking initiation and maintenance in adult primary care patients. *J Affect Disord*, 2014; 172C:397-402. Available from:

<http://www.ncbi.nlm.nih.gov/pubmed/25451443>

de Wit H and Zacny J. Abuse potential of nicotine replacement therapies. *CNS Drugs*, 1995; 4:456-68. Available from:

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West R. Beneficial effects of nicotine: Fact or fiction? *Addiction*, 1993; 88(5):589-90. Available from:

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<https://www.ncbi.nlm.nih.gov/pubmed/1410160>

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Hughes J, Higgins S, and Hatsukami D. Effects of abstinence from tobacco: A critical review, in Advances in alcohol and drug problems. Kozlowski LT MN, Sweeney CT, Schwartz SS, Volger GP, Jarvis MJ, West RJ, Editor New York: Plenum Press; 1990.

News reports:

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