Relevant news and research

7.14 Cessation assistance: telephone- and internet-based interventions

Last updated July 2019

Research:


Cambon, L, Bergman, P, Le Faou, A, Vincent, I, Le Maitre, B, Pasquereau, A, Arwidson, P, Thomas, D, Alla, F. Study protocol for a pragmatic randomised controlled trial evaluating efficacy of a smoking


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7.14.1 Telephone services (Quitlines)


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Nair, US, Brady, BR, O'Connor, PA, & Bell, ML. Factors Predicting Client Re-Enrollment in Tobacco Cessation Services in a State Quitline. Prev Chronic Dis, 2018. 15, E126. Available from:

Allen, AM, Yuan, NP, Wertheim, BC, Krupski, L, Bell, ML, Nair, U. Gender differences in utilization of services and tobacco cessation outcomes at a state quitline. Transl Behav Med, Aug 2018. Available from:


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Lien, RK, Schillo, BA, Mast, JL, Lukowski, AV, Greenseid, LO, Keith, JD, Keller, PA. Tobacco user characteristics and outcomes related to intensity of Quitline program use: results from Minnesota...


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7.14.1.1 Efficacy of telephone services


7.14.1.2 Increasing reach and usage of telephone services


7.14.1.3 The Quitline in Australia

7.14.1.4 Telephone services for high-need groups


Mundt, MP, Baker, TB, Fraser, DL, Smith, SS, Piper, ME, & Fiore, MC. Paying Low-Income Smokers to Quit? The Cost-Effectiveness of Incentivizing Tobacco Quit Line Engagement for Medicaid Recipients
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7.14.2 Text messaging (SMS) services


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Ubhi, HK, Kotz, D, Michie, S, van Schayck, OC, Sheard, D, Selladurai, A, West, R. Characterising smoking cessation smartphone applications in terms of behaviour change techniques, engagement and ease-of-use features. Transl Behav Med. 2016 Sep;6(3):410-7. Available from:


Fulton, EA, Brown, KE, Kwah, KL, Wild, S. StopApp: Using the behaviour change wheel to develop an app to increase uptake and attendance at NHS stop smoking services. Healthcare (Basel). 2016 Jun 8;4(2). Available from:

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7.14.3 Smartphone applications (apps)


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Masaki, K, Tateno, H, Kameyama, N, Morino, E, Watanabe, R, Sekine, K et al. Impact of a Novel Smartphone App (CureApp Smoking Cessation) on Nicotine Dependence: Prospective Single-Arm


Hors-Fraile, S, Malwade, S, Spachos, D, Fernandez-Luque, L, Su, CT, Jeng, WL et al. A recommender system to quit smoking with mobile motivational messages: study protocol for a randomized
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Tsoh, JY, Quach, T, Duong, TB, Sa Nan Park, E, Wong, C Huang, SM, & Nguyen, TT. Interactive Mobile Doctor (iMD) to Promote Patient-Provider Discussion on Tobacco Use among Asian American Patients in Primary Care: A Pilot Study. J Am Board Fam Med, 2018. 31(6), 869-880. Available from: http://www.jabfm.org/content/31/6/869.full.pdf


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7.14.4 Internet-based interventions


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McCobb, S, Baker, AL, Attia, J, Skelton, E, Twyman, L, Palazzi, K, McCarter, K, Ku, D, Bonevski, B. Internet-Based Programs Incorporating Behavior Change Techniques Are Associated With Increased
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7.14.4.1 Social media


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7.14.5 Increasing smokers' use of telephone- and internet-based services


News reports:

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7.14.2 Text messaging (SMS) services


7.14.3 Smartphone applications (apps)


7.14.4 Internet-based interventions


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7.14.4.1 Social media
