Relevant news and research

7.3 Theories about smoking and quitting

*Last updated July 2020*

**Research:**


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Facts & Issues


7.3.1 Behavioural theories


7.3.2 Social cognitive theory


### 7.3.3 Theory of planned behaviour


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7.3.5 Social–ecological model


7.3.6 Transtheoretical model/Stages of change


7.3.8 Physiological models of addiction


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7.3.9 Smoking and quitting as products of social and environmental influences


7.3.10 Religious views on smoking


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News reports:

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7.3.1 Behavioural theories


7.3.3 Theory of planned behaviour


7.3.4 Health belief model

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7.3.7 Psychoanalytic theory