Relevant news and research
7.3 Theories about smoking and quitting

Last updated July 2019

Research:


7.3.1 Behavioural theories
Tobacco in Australia
Facts & Issues


7.3.2 Social cognitive theory

7.3.3 Theory of planned behaviour


Tobacco in Australia
Facts & Issues

7.3.5 Social-ecological model


7.3.6 Transtheoretical model/Stages of change


7.3.8 Physiological models of addiction


Tobacco in Australia
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7.3.10 Religious views on smoking


Tobacco in Australia
Facts & Issues


News reports:


7.3.1 Behavioural theories


7.3.3 Theory of planned behaviour

Webb, Sam. Five million adults have tried to stop smoking in the last year – but one in five didn’t last a month. The Scottish Sun, 2017Nov 7, 2017. Available from: tobaccoinaustralia.org.au


7.3.4 Health belief model


7.3.7 Psychoanalytic theory