Tobacco in Australia
Facts & Issues

Relevant news and research

7.9 Approaches to increasing the proportion of ever smokers who have quit

Last updated December 2024

Research:

Nadkarni, A, Gaikwad, L, Sequeira, M, Javeri, P, Benoy, D, Pacheco, MG et al. (2024). Behavioral Interventions for Tobacco Cessation in Low and Middle-Income Countries: A Systematic Review and Meta-analysis. *Nicotine Tob Res*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/39485008

Warraich, HJ, King, BA, Compton, WM, Herrmann, ES, Hai, MT, Califf, RM, & Bertagnolli, MM. (2024). Opportunities for Innovation in Smoking Cessation Therapies: A Perspective From the National Institutes of Health and U.S. Food and Drug Administration. *Ann Intern Med*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/39401434

Zhang, S, Meng, Y, Chakraborty, AK, & Wang, H. (2023). Controlling smoking: A smoking epidemic model with different smoking degrees in deterministic and stochastic environments. *Math Biosci, 368*, 109132. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/38128645

Akter, S, Islam, MR, Rahman, MM, Rouyard, T, Nsashiyi, RS, Hossain, F, & Nakamura, R. (2023). Evaluation of Population-Level Tobacco Control Interventions and Health Outcomes: A Systematic Review and Meta-Analysis. *JAMA Netw Open, 6*(7), e2322341. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/37418258

Albasheer, O, Alhazmi, AH, Alharbi, A, Makeen, AM, Alqassim, AY, Al-Musawa, HI et al. (2023). Corrigendum: Effectiveness and determinants of smoking cessation in the Saudi Arabian Region of Jazan: A cross-sectional study. *Tob Induc Dis, 21*, 48. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/37035837

Wolff, JM, McQueen, A, Garg, R, Thompson, T, Fu, J, Brown, DS et al. (2023). Expanding population-level interventions to help more low-income smokers quit: Study protocol for a randomized controlled trial. *Contemp Clin Trials*, 107202. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/37080354

Nurchis, MC, Di Pumpo, M, Perilli, A, Greco, G, & Damiani, G. (2023). Nudging Interventions on Alcohol and Tobacco Consumption in Adults: A Scoping Review of the Literature. *Int J Environ Res Public Health, 20*(3). Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/36767077

Cofer, J, Hurst, AN, Winter, T, Moreno, M, Cinciripini, PM, Walsh, MT et al. (2022). A Comprehensive Program to Reduce Tobacco-related Cancers Through Actions by a National Cancer Institute-designated Cancer Center. *Cancer Control, 29*, 10732748221138713. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/36373741

Chen, DT. (2022). Tobacco control measures in COVID-19 recovery: an opportune time to restore equity and planetary health. *Environ Health Prev Med, 27*(0), 15. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/35354709

Plever, S, & Gartner, CE. (2022). Smoking cessation assistance should be free, accessible, and part of routine care. *Med J Aust*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/35318657

Perez-Stable, EJ, & Rodriquez, EJ. (2022). Association of Policy Interventions With Tobacco Use Behaviors. *JAMA Intern Med*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/34982110

Arora, M, Nazar, GP, Sharma, N, Jain, N, Davidson, F, Mohan, S et al. (2021). COVID-19 and tobacco cessation: lessons from India. *Public Health, 202*, 93-99. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/34933205

Assadi, F. (2021). A wake-up call to action for smoking cessation interventions. *World J Pediatr*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/34118022

Harutyunyan, A, Hayrumyan, V, Sargsyan, Z, Torosyan, A, Dekanosidze, A, Kegler, M et al (2021). Smokers' and non-smokers' secondhand smoke experiences and interactions to reduce exposure in Armenia and Georgia. *Tob Prev Cessat, 7*, 6. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33537511

Berg, CJ, Harutyunyan, A, Paichadze, N, Hyder, AA, & Petrosyan, V. (2021). Addressing cancer prevention and control in Armenia: tobacco control and mHealth as key strategies. *Int J Equity Health, 20*(1), 4. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33407461

Khan, A, King, C, Saif-Ur-Rahman, KM, Khandaker, G, Lawler, S, & Gartner, C. (2020). Development of an Evidence and Gap Map (EGM) of interventions to increase smoking cessation: A study protocol. *Tob Prev Cessat, 6*, 44. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33083677

Borst, RAJ, Kok, MO, O'Shea, AJ, Pokhrel, S, Jones, TH, & Boaz, A. (2019). Envisioning and shaping translation of knowledge into action: A comparative case-study of stakeholder engagement in the development of a European tobacco control tool. *Health Policy*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31383372

Kastaun, S, Kotz, D, Brown, J, Shahab, L, & Boeckmann, M. (2019). Public attitudes towards healthcare policies promoting tobacco cessation in Germany: results from the representative German study on tobacco use (DEBRA study). *BMJ Open, 9*(8), e026245. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31462463

Petty-Saphon, N, & Kavanagh, P. (2019). Towards a Tobacco Free Ireland-scaling up and strengthening quit smoking behaviour at population level. *Ir J Med Sci*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31414327

Mahase, E. (2019). WHO tobacco report: smoking cessation services must be stepped up. *BMJ, 366*, l4929. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31358524

Hanson, K. State Actions on Tobacco Prevention and Cessation. NCSL Legisbrief, 2018. 26(41), 1-2. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30501140

Ali, A, Kaplan, CM, Derefinko, KJ, Klesges, RC. Smoking Cessation for Smokers Not Ready to Quit: Meta-analysis and Cost-effectiveness Analysis. Am J Prev Med. 2018 Jun 11. pii: S0749-3797(18)31704-5. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29903568

Jha, P. Expanding smoking cessation world-wide. Addiction, 2018. June 8, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29882234

Merianos, AL, Gordon, JS, Wood, KJ, Mahabee-Gittens, EM. National Institutes of Health Funding for Tobacco Control: 2006 and 2016. Am J Health Promot. 2018 Jan 1:890117118779013. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29847996

Dono, J, Bowden, J, Kim, S, Miller, C. Taking the pressure off the spring: the case of rebounding smoking rates when antitobacco campaigns ceased. Tob Control, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29627797

Kathuria, H, Leone, FT, Neptune, ER. Treatment of tobacco dependence: current state of the art. Curr Opin Pulm Med, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29677028

van den Brand, FA, Nagelhout, GE, Hummel, K, Willemsen, MC, McNeill, A, van Schayck, OCP. Does free or lower cost smoking cessation medication stimulate quitting? Findings from the International Tobacco Control (ITC) Netherlands and UK surveys. Tob Control, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29618494

Feliu, A, Filippidis, FT, Joossens, L, Fong, GT, Vardavas, CI, Baena, A, Castellano, Y, Martinez, C, Fernandez, E. Impact of tobacco control policies on smoking prevalence and quit ratios in 27 European Union countries from 2006 to 2014. Tob Control, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29472445

McClure, JB, Anderson, ML. Evaluation of a population-level strategy to promote tobacco treatment use among insured smokers: a pragmatic, randomized trial. BMC Public Health. 2018 Feb 8;18(1):228. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29422026

McMenamin, SB, Yoeun, SW, Halpin, HA. Affordable Care Act Impact on Medicaid Coverage of Smoking-Cessation Treatments. Am J Prev Med. 2018 Feb 9. pii: S0749-3797(18)30045-X. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29433953

Braun, RT, Hanoch, Y, Barnes, AJ. Tobacco use and health insurance literacy among vulnerable populations: implications for health reform. BMC Health Serv Res. 2017 Nov 15;17(1):729. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29141639

Wu, Q, Gilbert, H, Nazareth, I, Sutton, S, Morris, R, Petersen, I, Galton, S, Parrott, S. Cost-effectiveness of Personal Tailored Risk Information and Taster Sessions to increase the uptake of the NHS Stop Smoking Services: the Start2quit randomised controlled trial. Addiction, 2017. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29105871

Dahne, J, Wahlquist, AE, Garrett-Mayer, E, Heckman, BW, Cummings, KM, Carpenter, MJ. State Tobacco Policies as Predictors of Evidence-Based Cessation Method Usage: Results From a Large, Nationally Representative Dataset. Nicotine Tob Res, 2017. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29059345

Paraje, G, Araya, D. Relationship between smoking and health and education spending in Chile. Tob Control. 2017 Oct 6. pii: tobaccocontrol-2017-053857. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28986435

Iacobucci, G. Number of people using NHS stop smoking services continues to fall. BMJ. 2017 Aug 18;358:j3936. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28821478

Vickerman, KA, Keller, PA, Deprey, M, Lachter, RB, Jenssen, J, Dreher, M. Never Quit Trying: Reengaging Tobacco Users in Statewide Cessation Services. J Public Health Manag Pract, 2017. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28832435

Barlascini, L, Vegni, E, Verga, M, Pellegrino, G, Marco, FDI, Centanni, S. Middle-earth between smokers and non-smokers: an opportunity to improve the success of smoking cessation interventions? Minerva Med. 2017 Aug;108(4):381-382. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28677362

Derrick, JL, Eliseo-Arras, RK, Hanny, C, Britton, M, Haddad, S. Comparison of internet and mailing methods to recruit couples into research on unaided smoking cessation. Addict Behav. 2017 Jun 21;75:12-16. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28662435

Semwal, M, Taylor, G, Car, J. Personalised information for improving the uptake of smoking cessation programs. Ann Transl Med. 2017 Jun;5(12):260. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28706928

Munabi-Babigumira, S, Fretheim, A, Overland, S. Interventions for Tobacco Control in Low- and Middle-Income Countries: Evidence from Randomised and Quasi-Randomized Studies. Available from: http://www.ncbi.nlm.nih.gov/pubmed/28510404

Bailey, SR, Hoopes, MJ, Marino, M, Heintzman, J, O'Malley, JP, Hatch, B, Angier, H, Fortmann, SP, DeVoe, JE. Effect of gaining insurance coverage on smoking cessation in community health centers: a cohort study. J Gen Intern Med, 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27329121

Bold, KW, Hanrahan, TH, O'Malley, SS, Fucito, LM. Exploring the utility of web-based social media advertising to recruit adult heavy-drinking smokers for treatment. J Med Internet Res. 2016 May 18;18(5):e107. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27194456

Huskamp, HA, Greenfield, SF, Stuart, EA, Donohue, JM, Duckworth, K, Kouri, EM, Song, Z, Chernew, ME, Barry, CL. Effects of global payment and accountable care on tobacco cessation service use: an observational study. J Gen Intern Med, May 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27177915

Wada, K, Higuchi, Y, Smith, DR. Assessing the impact of nationwide smoking cessation interventions among employed, middle-aged Japanese men, 2005-2010. PLoS One. 2016 May 10;11(5):e0155151. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27163286

Wu, TY, Hung, LY, Chie, WC, Chiu, TY, Guo, FR. Change of government's subsidization policy improves smoking cessation services: a cross-sectional study from the perspectives of physicians. BMC Public Health. 2016 May 17;16(1):415. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27188506

Harris, KJ, Bradley-Ewing, A, Goggin, K, Richter, KP, Patten, C, Williams, K, Lee, HS, Staggs, VS, Catley, D. Recruiting unmotivated smokers into a smoking induction trial. Health Educ Res. 2016 Apr 13. pii: cyw018. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27081187

Ku, L et al. Medicaid tobacco cessation: big gaps remain in efforts to get smokers to quit. Health Aff (Millwood), 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/26733702

Nemes, RM et al. Aspects of physician--patient communication in the program of smoking cessation. Revista medico-chirurgicala a Societatii de Medici si Naturalisti din Iasi, 2015. Available from: http://www.ncbi.nlm.nih.gov/pubmed/25970938

Baker, TB, Fiore, MC. Treating more smokers, more of the time, more successfully. Addiction, 2015. Available from: http://www.ncbi.nlm.nih.gov/pubmed/25678285

7.9.1 Strengthening of comprehensive tobacco control policy

Daniel, B, Lawrence, DE, McKenna, BS, Saccone, P, McRae, T, Evins, AE, & Anthenelli, RM. (2024). Do tobacco regulatory and economic factors influence smoking cessation outcomes? A post-hoc analysis of the multinational EAGLES randomised controlled trial. *BMJ Open, 14*(9), e079092. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/39306350

Dominguez-Cancino, KA, Martinez, P, & Nazif-Munoz, JI. (2024). Tobacco policies and changes in the tendency of smoking cessation in cigarette users in Chile: a longitudinal cross-sectional study. *BMJ Open, 14*(5), e085248. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/38729757

van Walbeek, C, Hill, R, & Filby, S. (2023). Quitting behavior during the tobacco sales ban in South Africa: Results from a broadly nationally representative survey. *Tob Induc Dis, 21*, 102. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/37551390

Amul, GGH, & Etter, JF. (2022). Comparing Tobacco and Alcohol Policies From a Health Systems Perspective: The Cases of the Philippines and Singapore. *Int J Public Health, 67*, 1605050. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/36312317

Quadri, MFA, John, T, Kaur, D, Nayeem, M, Ahmed, MK, Kamel, AM et al. (2022). Poor implementation of tobacco control measures and lack of education influences the intention to quit tobacco: a structural equation modelling approach. *BMC Public Health, 22*(1), 1199. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/35705940

Gelius, P, Messing, S, Tcymbal, A, Whiting, S, Breda, J, & Abu-Omar, K. (2021). Policy Instruments for Health Promotion: A Comparison of WHO Policy Guidance for Tobacco, Alcohol, Nutrition and Physical Activity. *Int J Health Policy Manag*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/34634879

Thrul, J, Riehm, KE, Cohen, JE, Alexander, GC, Vernick, JS, & Mojtabai, R. (2021). Tobacco control policies and smoking cessation treatment utilization: A moderated mediation analysis. *PLoS One, 16*(8), e0241512. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/34460821

Chaiton, M, Schwartz, R, Cohen, JE, Soule, E, Zhang, B, & Eissenberg, T. (2021). Prior daily menthol smokers more likely to quit two years after a menthol ban than non-menthol smokers: a population cohort study. *Nicotine Tob Res*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33693745

VanFrank, B, & Presley-Cantrell, L. (2021). A Comprehensive Approach to Increase Adult Tobacco Cessation. *JAMA, 325*(3), 232-233. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33464294

White, S, McCaffrey, N, & Scollo, M. (2020). Tobacco dependence treatment in Australia – an untapped opportunity for reducing the smoking burden. *Public Health Research & Practice*. Retrieved from https://www.phrp.com.au/issues/september-2020-volume-30-issue-3/tobacco-dependence-treatment-an-untapped-opportunity/

Dahne, J, Nahhas, GJ, Wahlquist, AE, Cummings, KM, & Carpenter, MJ. (2020). State Tobacco Excise Taxation, Comprehensive Smoke-free Air Laws, and Tobacco Control Appropriations as Predictors of Smoking Cessation Success in the United States. *J Public Health Manag Pract, 26*(5), E1-E4. Retrieved from: https://www.ncbi.nlm.nih.gov/pubmed/32732730

Kang, JY, Kenemer, B, Mahoney, M, & Tynan, MA. (2020). State Preemption: Impacts on Advances in Tobacco Control. *J Public Health Manag Pract, 26 Suppl 2, Advancing Legal Epidemiology*, S54-S61. Available from: https://www.ncbi.nlm.nih.gov/pubmed/32004223

Song, F, Elwell-Sutton, T, & Naughton, F. Impact of the NHS stop smoking services on smoking prevalence in England: a simulation modelling evaluation. *Tob Control*. 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30518567

Chow, CK, Corsi, DJ, Gilmore, AB, Kruger, A, Igumbor, E, Chifamba, J, Yang, W, Wei, L, Iqbal, R, Mony, P et al. Tobacco control environment: cross-sectional survey of policy implementation, social unacceptability, knowledge of tobacco health harms and relationship to quit ratio in 17 low-income, middle-income and high-income countries. BMJ Open. 2017 Mar 31;7(3):e013817. Available from: http://www.ncbi.nlm.nih.gov/pubmed/28363924

7.9.2 Reduced barriers to use of cessation programs and pharmacotherapies

Wise, J. (2024). Tobacco Bill: Banning smoking in certain outdoors spaces is welcomed, but cessation services must not be forgotten. *BMJ, 387*, q2443. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/39500523

Aksel, O, Kucuktepe, N, Yaslica, Z, & Basak, O. (2021). Providing Free Access to Smoking Cessation Medications: Does It Have an Impact on the Treatment Adherence and Success of Smoking Cessation? *Turk Thorac J, 22*(3), 224-230. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/35110232

Iqbal, S, Barolia, R, Ladak, L, & Petrucka, P. (2021). Smoking cessation interventions in South Asian countries: protocol for scoping review. *BMJ Open, 11*(2), e038818. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33563618

Romani, M, Nakkash, R, Jawhar, S, & Salloum, RG. (2020). Implementation of a free smoking-cessation program in a Lebanese academic medical center. *Tob Induc Dis, 18*, 75. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33408599

Wang, SK, Kao, CW Chuang, HW, Tseng, YK, Chen, WC, Yeh, CC et al (2021). Government's subsidisation policy and utilisation of smoking cessation treatments: a population-based cross-

sectional study in Taiwan. *BMJ Open, 11*(1), e040424. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33441354

DiGiulio, A, Jump, Z, Babb, S, Schecter, A, Williams, KS, Yembra, D, & Armour, BS. (2020). State Medicaid Coverage for Tobacco Cessation Treatments and Barriers to Accessing Treatments - United States, 2008-2018. *MMWR Morb Mortal Wkly Rep, 69*(6), 155-160. Available from: https://www.ncbi.nlm.nih.gov/pubmed/32053583

Donahoe, JT, Norton, EC, Elliott, MR, Titus, AR, Kalousova, L, & Fleischer, NL. (2019). The Affordable Care Act Medicaid Expansion and Smoking Cessation Among Low-Income Smokers. *Am J Prev Med, 57*(6), e203-e210. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31753273

Signes-Costa, J, Garcia Rueda, M, & Jimenez-Ruiz, CA. (2019). Funding smoking cessation therapy: When can we expect it? *Arch Bronconeumol*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31668771

Karadogan, D, Onal, O, & Kanbay, Y. (2019). Corrigendum: How does reimbursement status affect smoking cessation interventions? A real-life experience from the Eastern Black Sea region of Turkey. *Tob Induc Dis, 17*, 67. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31584567

Karadogan, D, Onal, O. & Kanbay, Y. (2019). How does reimbursement status affect smoking cessation interventions? A real-life experience from the Eastern Black Sea region of Turkey. *Tob Induc Dis, 17*, 05. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31582917

Minue-Lorenzo, C, Olano-Espinosa, E, Del Cura-Gonzalez, I, Vizcaino-Sanchez, JM, Camarelles-Guillem, F, Granados-Garrido, JA et al. (2019). Subsidized pharmacological treatment for smoking cessation by the Spanish public health system: A randomized, pragmatic, clinical trial by clusters. *Tob Induc Dis, 17*, 64. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31582953

Coleman, T. (2019). Supporting smokers' quit attempts reduces national smoking prevalence. *Thorax, 74*(9), 829-830. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31391316

Flocke, SA, Vanderpool, R, Birkby, G, Gullett, H, Seaman, EL, Land, S, & Zeliadt, S. (2019). Addressing Tobacco Cessation at Federally Qualified Health Centers: Current Practices & Resources. *J Health Care Poor Underserved, 30*(3), 1024-1036. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31422986

Maclean, JC, Pesko, MF, & Hill, SC. (2019). Public insurance expansions and smoking cessation medications. *Econ Inq, 57*(4), 1798-1820. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31427832

Valvi, N, Vin-Raviv, N, & Akinyemiju, T. (2019). Current smoking and quit-attempts among US adults following Medicaid expansion. *Prev Med Rep, 15*, 100923. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31384525

Zhang, L, Babb, S, Schauer, G, Asman, K, Xu, X, & Malarcher, A. (2019). Cessation Behaviors and Treatment Use Among U.S. Smokers by Insurance Status, 2000-2015. *Am J Prev Med*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31447242

Kale, D, Gilbert, H, & Sutton, S. (2019). An exploration of the barriers to attendance at the English Stop Smoking Services. Addict Behav Rep, 9, 005-005. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31193736

Bailey, SR, Marino, M, Ezekiel-Herrera, D, Schmidt, T, Angier, H, Hoopes, MJ et al (2019). Tobacco Cessation in Affordable Care Act Medicaid Expansion States versus Non-Expansion States. *Nicotine Tob Res*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31123754

Kwah, KL, Fulton, EA, & Brown, KE. (2019). Accessing National Health Service Stop Smoking Services in the UK: a COM-B analysis of barriers and facilitators perceived by smokers, ex-smokers and stop smoking advisors. *Public Health, 171*, 123-130. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31128557

Leischow, SJ. Increasing Smoking Cessation in the United States: Expanding the Availability of Over-the-Counter Medications. JAMA, 2019. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30653222

No authors listed. Withdrawn: Impact of the NHS stop smoking services on smoking prevalence in England: a simulation modelling evaluation. *Tob Control*, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30538145

Kaslow, AA, Romano, PS, Schwarz, E, Shaikh, U, & Tong, EK. Building and Scaling-up California Quits: Supporting Health Systems Change for Tobacco Treatment. Am J Prev Med, 2018. 55(6S2), S214-S221. Available from: https://www.ajpmonline.org/article/S0749-3797(18)32247-5/pdf

Kizer, KW. Advancing Tobacco Control Among Medicaid Beneficiaries: A Historical Perspective and Call to Action. Am J Prev Med, 2018. 55(6S2), S222-S226. Available from: https://www.ajpmonline.org/article/S0749-3797(18)32175-5/pdf

McLeod, H. Reducing health inequalities in England: does the demise of NHS Stop Smoking Services matter? Analysis of mandatory monitoring data. J Public Health (Oxf), 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30428065

Schroeder, S A. California Promotes Smoking Cessation for Medicaid Enrollees: Lessons for the Nation? Am J Prev Med, 2018. 55(6S2), S123-S125. Available from: https://www.ajpmonline.org/article/S0749-3797(18)32174-3/pdf

Zawertailo, L, Mansoursadeghi-Gilan, T, Zhang, H, Hussain, S, Le Foll, B, & Selby, P. Varenicline and Bupropion for Long-Term Smoking Cessation (the MATCH Study): Protocol for a Real-World, Pragmatic, Randomized Controlled Trial. JMIR Res Protoc, 2018. 7(10), e10826. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30341043

Young-Wolff, KC, Adams, SR, Klebaner, D, Adams, AS, Campbell, CI, Satre, DD, Prochaska, JJ. Evaluating the Impact of Eliminating Copayments for Tobacco Cessation Pharmacotherapy. Med Care, Sep 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30234768

Iacobucci, G. Stop smoking services: BMJ analysis shows how councils are stubbing them out. BMJ. 2018 Aug 24;362:k3649. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30143515

Hawkes, N. NHS is ignoring smoking at great cost, says Royal College of Physicians. BMJ. 2018 Jun 25;361:k2769. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29941465

Kostova, D, Xu, X, Babb, S, McMenamin, SB, King, BA. Does State Medicaid Coverage of Smoking Cessation Treatments Affect Quitting? Health Serv Res, 2018. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29806177

Brown, CC, Tilford, JM, Bird, TM. Improved Health and Insurance Status Among Cigarette Smokers After Medicaid Expansion, 2011-2016. Public Health Rep. 2018 Jan 1:33354918763169. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29620480

DiGiulio, A, Jump, Z, Yu, A, Babb, S, Schecter, A, Williams, KS, Yembra, D, Armour, BS. State Medicaid Coverage for Tobacco Cessation Treatments and Barriers to Accessing Treatments - United States, 2015-2017. MMWR Morb Mortal Wkly Rep. 2018 Apr 6;67(13):390-395. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29621205

Brantley, E, Greene, J, Bruen, B, Steinmetz, E, Ku, L. Policies Affecting Medicaid Beneficiaries' Smoking Cessation Behaviors. Nicotine Tob Res. 2018 Mar 7. pii: 4924013. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29522120

Knox, B, Mitchell, S, Hernly, E, Rose, A, Sheridan, H, Ellerbeck, EF. Barriers to Utilizing Medicaid Smoking Cessation Benefits. Kans J Med. 2017 Nov 30;10(4):1-11. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29472979

Huber, MB, Prager, M, Coyle, K, Coyle, D, Lester-George, A, Trapero-Bertran, M, Nemeth, B, Cheung, KL, Stark, R, Vogl, M, Pokhrel, S, Leidl, R. Cost-effectiveness of increasing the reach of smoking cessation interventions in Germany: results from the EQUIPTMOD. Addiction, 2017. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29243347

Malloy, K, Proj, A, Battles, H, Juster, T, Ortega-Peluso, C, Wu, M, Juster, H. Smoking Cessation Benefit Utilization: Comparing Methodologies for Measurement using New York State's Medicaid Data. Nicotine Tob Res. 2017 Nov 9. pii: 4608131. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29136217

Anderson, WJ, Cheeseman, H, Butterworth, G. Political priorities and public health services in English local authorities: the case of tobacco control and smoking cessation services. J Public Health (Oxf). 2017 Oct 20:1-6. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29059319

Heydari, G. Is Cost of Medication for Quit Smoking Important for Smokers, Experience of Using Champix in Iranian Smoking Cessation Program 2016. Int J Prev Med. 2017 Aug 31;8:63. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28966752

Tan, ASL, Young-Wolff, KC, Carter-Harris, L, Salloum, RG, Banerjee, SC. Disparities in the Receipt of Tobacco Treatment Counseling within the US Context of the Affordable Care Act and Meaningful Use Implementation. Nicotine Tob Res, 2017. Available from: https://www.ncbi.nlm.nih.gov/pubmed/29059372

van den Brand, FA, Nagelhout, GE, Reda, AA, Winkens, B, Evers, Smaa, Kotz, D, van Schayck, OC. Healthcare financing systems for increasing the use of tobacco dependence treatment. Cochrane

Database Syst Rev. 2017 Sep 12;9:CD004305. Available from: https://www.ncbi.nlm.nih.gov/pubmed/28898403

McClure, JB, Heffner, J, Hohl, S, Klasnja, P, Catz, SL. Design Considerations for mHealth Programs Targeting Smokers Not Yet Ready to Quit: Results of a Sequential Mixed-Methods Study. JMIR Mhealth Uhealth. 2017 Mar 10;5(3):e31. Available from: http://www.ncbi.nlm.nih.gov/pubmed/28283465

Weaver, KE, Snively, BM, Hogan, P, Josephs, K, Johnson, KC, Coday, M, Progovac, AM, Cirillo, DJ, Ockene, JK, Tindle, HA. Predictors of Continued Smoking and Interest in Cessation Among Older Female Smokers. J Aging Health. 2017 Jan 1:898264316687622. Available from: http://www.ncbi.nlm.nih.gov/pubmed/28553800

Baker, CL, Ferrufino, CP, Bruno, M, Kowal, S. Estimated budget impact of adopting the affordable care act's required smoking cessation coverage on United States healthcare payers. Adv Ther, 2016. Available from: https://www.ncbi.nlm.nih.gov/pubmed/27888437

Bauld, L, Hiscock, R, Dobbie, F, Aveyard, P, Coleman, T, Leonardi-Bee, J, McRobbie, H, McEwen, A. English stop-smoking services: one-year outcomes. Int J Environ Res Public Health. 2016 Nov 24;13(12). Available from: https://www.ncbi.nlm.nih.gov/pubmed/27886140

Ku, L, Brantley, E, Bysshe, T, Steinmetz, E and Bruen, BK. How Medicaid and other public policies affect use of Tobacco Cessation Therapy, United States, 2010-2014. Prev Chronic Dis. 2016 Oct 27;13:E150. Available from: https://www.cdc.gov/pcd/issues/2016/16_0234.htm

McKenna, EJ. Capsule commentary on Bailey et al., Effect of gaining insurance coverage on smoking cessation in community health centers: a cohort study. J Gen Intern Med, 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27503434

Friedman, AS, Schpero, WL, Busch, SH. Evidence suggests that the ACA's tobacco surcharges reduced insurance take-up and did not increase smoking cessation. Health Aff (Millwood). 2016 Jul 1;35(7):1176-83. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27385231

Jackson, JL. Capsule commentary on Huskamp et al., Effects of global payment and accountable care on tobacco cessation service use: an observational study. J Gen Intern Med, 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27439978

Benson, FE, Nagelhout, GE, Nierkens, V, Willemsen, MC, Stronks, K. Inequalities in the impact of national reimbursement of smoking cessation pharmacotherapy and the influence of injunctive norms: an explorative study. Subst Abuse. 2016 May 24;10:45-53. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27257383

Bahadir, A et al. Factors affecting dropout in the smoking cessation outpatient clinic. Chron Respir Dis, 2016. Available from: http://www.ncbi.nlm.nih.gov/pubmed/26846679

Singleterry, J et al. State Medicaid coverage for tobacco cessation treatments and barriers to coverage - United States, 2014-2015. MMWR Morb Mortal Wkly Rep, 2015. Available from: http://www.ncbi.nlm.nih.gov/pubmed/26513425

7.9.2.1 Availability and price of nicotine replacement therapy

Cheung, YTD, Chan, CHH, Ho, KS, Tang, C, Lau, CWH, Li, WHC et al. (2020). Effectiveness of nicotine replacement therapy sample at outdoor smoking hotspots for initiating quit attempts and use of smoking cessation services: a protocol for a cluster randomised controlled trial. *BMJ Open, 10*(4), e036339. Available from: https://www.ncbi.nlm.nih.gov/pubmed/32269028

Cunningham, JA, Kushnir, V, Selby, P, Zawertailo, L, Tyndale, RF, Leatherdale, ST, & Schell, C. (2020). Five-Year Follow-up of a Randomized Clinical Trial Testing Mailed Nicotine Patches to Promote Tobacco Cessation. *JAMA Intern Med*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/32150239

7.9.3 Building knowledge about and skills in quitting: population-wide education versus clinical and other one-to-one approaches

James, AL, Caliskan, G, Pesce, G, Accordini, S, Abramson, M J, Bui, D et al. (2024). Trends in smoking initiation and cessation over a century in two Australian cohorts. *PLoS One, 19*(9), e0307386. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/39298431

Tedeschi, GJ, Zoref, LS Cummins, SE, & Zhu, SH. (2020). Targeting Nonsmokers to Help Smokers Quit: Features of a Large-scale Intervention. *Tob Use Insights, 13*, 1179173X20943565. Retrieved from: https://www.ncbi.nlm.nih.gov/pubmed/32753992

McWilliams, L, Bellhouse, S, Yorke, J, Lloyd, K, & Armitage, CJ. (2019). Beyond "planning": A meta-analysis of implementation intentions to support smoking cessation. *Health Psychol*. Available from: https://www.ncbi.nlm.nih.gov/pubmed/31414843

Moyo, F, Archibald, E, Slyer, JT. Effectiveness of decision aids for smoking cessation in adults: a quantitative systematic review. JBI Database System Rev Implement Rep. 2018 Sep;16(9):1791-1822. Available from: https://www.ncbi.nlm.nih.gov/pubmed/30204670

7.9.3.1 Intensity of intervention

Rasmussen, M, Lauridsen, SV, Pedersen, B, Backer, V, & Tonnesen, H. (2022). Intensive versus short face-to-face smoking cessation interventions: a meta-analysis. *Eur Respir Rev, 31*(165).Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/36002170

Veldhuizen, S, Zawertailo, L, Noormohamed, A, Hussain, S, & Selby, P. (2021). Treatment use patterns in a large extended-treatment tobacco cessation program: predictors and cost implications. Tob Control. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/33419946

7.9.4 A middle way: population education plus system-wide minimal interventions combined with tailored but low-cost, high-reach services

Park, J, Lim, MK, Kim, Y, Paek, Y J, & Cho, SI. (2024). National Smoking Cessation Services (NSCS) enrollment and their effect on long-term tobacco cessation in Korea: Results from a 1-year prospective follow-up of NSCS participants. *Tob Induc Dis, 22*. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/38333885

Liu, Z, Qin, R, Hu, XJ, Liu, LJ, Xu, SQ, Shi, GC et al. (2023). Real-world tobacco cessation practice in China: findings from the prospective, nationwide multicenter China National Tobacco Cessation Cohort Study (CNTCCS). *Lancet Reg Health West Pac, 39*, 100826. Retrieved from https://www.ncbi.nlm.nih.gov/pubmed/37927997

Ebbert, JO, Little, MA, Klesges, RC, Bursac, Z, Johnson, KC, Thomas, F, Vander Weg, MW. Step Care treatment for smoking cessation. Health Educ Res. 2017 Feb 1;32(1):1-11. Available from: http://www.ncbi.nlm.nih.gov/pubmed/28158558

News reports:

World Health Organization. (2024). *WHO clinical treatment guideline for tobacco cessation in adults*. Retrieved from Geneva: https://www.who.int/publications/i/item/9789240096431

HHS Framework to Support and Accelerate Smoking Cessation 2024. (2024). Retrieved from https://www.hhs.gov/sites/default/files/hhs-framework-support-accelerate-smoking-cessation-2024.pdf

World Health Organization. (2019). *WHO Report on the Global Tobacco Epidemic, 2019*. Available from Geneva: https://apps.who.int/iris/bitstream/handle/10665/326043/9789241516204-eng.pdf?ua=1

Action on Smoking and Health. (2019). A changing landscape: stop smoking services and tobacco control in England. Available from: http://ash.org.uk/wp-content/uploads/2019/03/2019-LA-Survey-Report.pdf

Anderson, WJ, Cheeseman, H and Butterworth, G. Political priorities and public health services in English local authorities: the case of tobacco control and smoking cessation services. J Public Health (Oxf). 2017 Oct 20:1-6. Available from: https://academic.oup.com/jpubhealth/search-results?page=1&q=Political%20priorities%20and%20public%20health%20services%20in%20English%20local%20authorities%3A%20the%20case%20of%20tobacco%20control%20and%20smoking%20cessation%20services&fl_SiteID=5210&allJournals=1&SearchSourceType=1

No authors listed. Statistics on smoking cessation services In Northern Ireland: Four week follow up figures for 2016/17 and 52 week follow up figures for 2015/16. Available from: https://www.health-ni.gov.uk/news/statistics-smoking-cessation-services-northern-ireland-four-week-follow-figures-201617-and-52-week

Rai-Roche, Sean. Budget cuts are damaging stop smoking services. Independent Nurse, 2017. Oct 20, 2017. Available from: http://www.independentnurse.co.uk/news/budget-cuts-are-damaging-stop-smoking-services/162858/

Sweeney, Eamon. Huge drop in smokers using services to quit sparks calls for new NHS strategy. Belfast Telegraph, 2017. Oct 5, 2017. Available from: http://www.belfasttelegraph.co.uk/news/health/huge-drop-in-smokers-using-services-to-quit-sparks-calls-for-new-nhs-strategy-36198016.html

No authors listed. Stoptober 2017 campaign. Public Health England, 2017. Available from: https://campaignresources.phe.gov.uk/resources/campaigns/6-stoptober/overview

7.9.2 Reduced barriers to use of cessation programs and pharmacotherapies

Pieters, J. Sharp increase in Dutch seeking aid to quit smoking. *NL Times*, 2019. Aug 19, 2019. Available from: https://nltimes.nl/2019/08/19/sharp-increase-dutch-seeking-aid-quit-smoking

Campbell, D. Public health schemes fall victim to spending cuts, figures show. The Guardian, 2018. Sept 21, 2018. Available from: https://www.theguardian.com/society/2018/sep/20/public-health-schemes-fall-victim-to-spending-cuts-figures-show

Ellis, Rachel. Smokers forced to quit on their own after funding cuts. The Guardian, 2018. July 15, 2018. Available from: https://www.theguardian.com/society/2018/jul/15/smokers-prescriptions-nhs-funding-cuts-england

Dahne, Jennifer, Wahlquist, Amy E , Garrett-Mayer, Elizabeth , Heckman, Bryan W, Cummings, K Michael and Carpenter, Matthew J. State Tobacco Policies as Predictors of Evidence-Based Cessation Method Usage. Nicotine & Tobacco Research, 2017. Sept 16, 2017. Available from: https://academic.oup.com/ntr/article-abstract/doi/10.1093/ntr/ntx192/4095365/State-Tobacco-Policies-as-Predictors-of-Evidence?redirectedFrom=fulltext

Davey, Melissa. Australians want more spent on drug education and treatment – survey. The Guardian, 2017. Sept 28, 2017. Available from: https://www.theguardian.com/society/2017/sep/28/australians-want-more-spent-on-drug-education-and-treatment-survey

No authors listed. National Drug Strategy Household Survey, 2017. Available from: https://www.aihw.gov.au/about-our-data/our-data-collections/national-drug-strategy-household-survey

Smith, Shelley. Law Enforcement Isn't The Way To Stop Most Drug-Related Deaths In Australia. Huffington Post, 2017. Sept 29,2017. Available from: http://www.huffingtonpost.com.au/shelley-smith/its-middle-aged-men-who-are-most-likely-to-die-from-drug-overdoses_a_23226752/

Dahne, Jennifer, Wahlquist, Amy E , Garrett-Mayer, Elizabeth, Heckman, Bryan W , Cummings, K Michael and Carpenter, Matthew J. State Tobacco Policies as Predictors of Evidence-Based Cessation Method Usage: Results From a Large, Nationally Representative Dataset. Nicotine & Tobacco Research, 2017. Sept 16, 2017. Available from: https://academic.oup.com/ntr/article-

abstract/doi/10.1093/ntr/ntx192/4095365/State-Tobacco-Policies-as-Predictors-of-Evidence?redirectedFrom=fulltext

Oxtoby, Kathy. Funding cuts result in fewer people accessing smoking cessation services, says charity. The Pharmaceutical Journal, 2017. Aug 24, 2017. Available from: http://www.pharmaceutical-journal.com/news-and-analysis/news/funding-cuts-result-in-fewer-people-accessing-smoking-cessation-services-says-charity/20203454.article

Ku, L, Brantley, E, Bysshe, T, Steinmetz, E and Bruen, BK. How Medicaid and other public policies affect use of Tobacco Cessation Therapy, United States, 2010-2014. Prev Chronic Dis. 2016 Oct 27;13:E150. Available from: https://www.cdc.gov/pcd/issues/2016/16_0234.htm

Friedman, AS, Schpero, WL and Busch, SH. Evidence suggests that the ACA's tobacco surcharges reduced insurance take-up and did not increase smoking cessation. Health Aff (Millwood). 2016 Jul 1;35(7):1176-83. Available from: http://www.ncbi.nlm.nih.gov/pubmed/27385231

7.9.4 A middle way: population education plus system-wide minimal interventions combined with tailored but low-cost, high-reach services

No authors listed. Shift prevention/treatment imbalance in health budgets, EU says. Reuters, 2017. Nov 24, 2017. Available from: https://uk.reuters.com/article/eu-health/shift-prevention-treatment-imbalance-in-health-budgets-eu-says-idUKL8N1NT4FE

No authors listed. State of Health in the EU. European Commission, 2017. Available from: https://ec.europa.eu/health/state/summary_en

Sanz, Catherine. Spending on healthcare is among highest in the EU. The Irish Times, 2017. Nov 24, 2017. Available from: https://www.thetimes.co.uk/edition/ireland/spending-on-healthcare-is-among-highest-in-the-eu-5gb007bsp